













### Health and Diet Advice

By Dr. Frank McCoy

Dr. McCoy's menus suggested for the week beginning Sunday, July 2:  
**SUNDAY**—Breakfast: French omelet; Toasted cereal; buttered toast. Lunch: Lamb chops; French salad; French peas; French potatoes. Dinner: Roast beef; French peas; French potatoes; French salad; French peas; French potatoes.

**MONDAY**—Breakfast: Cottage cheese; Melba toast; Applesauce. Lunch: Corn; String beans; Lettuce salad; Dinner: Roast mutton; Tzschini (Italian sausage); McCoy salad; tomatoes and cucumbers; Asparagus.

**TUESDAY**—Breakfast: Baked eggs; Re-toasted shredded wheat biscuits; Stewed prunes. Lunch: One fish; Fresh fruit, as much as desired; Glass of milk. Dinner: Broiled steak with mushrooms; Cooked macaroni and peas; Salad of head lettuce; Sliced pineapple (fresh or canned).

**WEDNESDAY**—Breakfast: Re-toasted breakfast food with cream (the sugar); Stewed peaches. Lunch: Combination salad dressed in Italian; Watercress mayonnaise; Buttered combined wheat lettuce; Fruit; Cakes cooked with the meat; Spinach; Salad of shredded raw cabbage; Baked apple.

**THURSDAY**—Breakfast: Eggs poached in milk, served on Melba toast; Dish of berries, fresh or canned without sugar. Lunch: Raw apples as dessert; Glass of milk. Dinner: Coney sauce; Salisbury steak; Asparagus; Salad of fresh spinach; Fruit.

**FRIDAY**—Breakfast: Coddled eggs; Crisp bacon; Melba toast; Stewed raisins. Lunch: Potatoes boiled with the skins on, served with butter; String beans; Raw celery. Dinner: Baked beef fillet; Eggplant; Cooked prunes; Salad of sliced tomatoes; No dessert.

**SATURDAY**—Breakfast: Crisp wheat; Butter; Small amount of maple syrup; Stewed apricots; Lettuce; Berries with milk or cream (no sugar). Dinner: Roast veal; Summer squash; Green peas; Salad of shredded lettuce and endives; Date pie.

\*FRESH SPINACH leaves make a most appetizing salad when prepared carefully to remove all traces of sand and grit, and served crisp and cold. The leaves should be thoroughly washed in water, then in parsley, and a small amount of olive oil or peanut butter dressing may be added if desired. Raw spinach has a pleasing flavor, and is one of the richest in iron of the leafy greens. Those who have a deficiency of hemoglobin or red corpuscles in the blood should use a great deal of it.

### QUESTIONS AND ANSWERS

**QUESTION:** U. U. writes: "I have three or four lumps on my head. They are about as big as marbles, and I can move them about with my fingers just like a little piece of loose hair under the skin. There is no pain whatever, but I am afraid of the lumps. Would also like to know what causes them."

**ANSWER:** The cysts you write about are probably fatty tumors known as aneurysms, and are caused by the accumulation of fat. There are three or four of these or four of these growths. It surely shows fatty metabolism and the need for living according to better health rules than you are now practicing. The best way to get rid of these lumps is by surgery. Such an operation is simple, and when the proper care is taken, there is no danger.

**QUESTION:** Mr. E. N. writes: "I have some warts on my fingers and want to know if there is any way to get rid of them or prevent more from occurring."

**ANSWER:** Warts there is caused by a systemic acidosis which causes an irritation of the epithelial cells. The epithelial cells, which are removed by a physician, small ones can be removed by the application of a solution of trichloroacetic acid. Rub vaccine on the skin around the wart before applying the acid.

**QUESTION:** Miss Amelia K. writes: "What would you suggest to drink in place of coffee, as I am nervous, and I think that coffee is to blame?"

**ANSWER:** Substitute some "teakette" tea. This is made by adding a small amount of cream to a cup of hot water. It makes a pleasing warm drink, and will not make you nervous.

### Horoscope

By Mary Blake

If July 2d is your birthday, the best hours for you on this date are from 8 a.m. to 9:35 a.m., 3 p.m. to 4:30 p.m., and from 7 p.m. to 10 p.m. The least propitious hours are from noon to 2 p.m., and from 6 p.m. to 7:15 p.m.

July 2d should be an excellent day, from an astrological viewpoint for those of a mental rather than emotional type. It would be a good time for quiet home reflection or study. Pleasant situations may arise within the home circle which will alter previous plans or change your outlook.

Children born on this July 2d will be full of "monkey-tricks" but will not have a mean hair in their heads. They should be given intelligent outlet for their exuberant spirits, and sufficient work for their minds and hands. They will have passionate likes and dislikes, and will have transparent natures.

You are born on July 2d with a well controlled nature. You are able to assume an air of coolness, when within you are a seething volcano, and you probably suffer far more from nerves than most more highly emotional and impulsive people. Astrological aspects as the time of your birth have given you both good judgment and a good memory. Your nature is an active one, not liable to much vacillation or indecision. You are never content with not knowing your own mind, and in fact have very set ideas. You are inclined to think that most things not measured with your own bushel are bound to be short.

You are careful about money matters; frugal without being actually tight. You never cheat another, and take every precaution that others do not short-change. Unless held back by circumstances outside your control you assume positions of both prominence and authority. You are a natural disciplinarian, and are always fair and just to your associates. You never expect others to do more than you would do yourself under similar conditions. You avoid people whom you do not like, and are quick to pick a quarrel.

Your social and domestic natures are properly developed, and you do not choose a secluded life. You are attracted to people of intelligence and good sense, usually those from whom you can learn or benefit in some respect.

If July 4th is your birthday, the best hours for you on this date are from 8:30 a.m. to 10 p.m., from 2 p.m. to 3:30 p.m., and 7 p.m. to 8:30 p.m. The danger periods are from 11:30 a.m. to 1 p.m., and from 9:30 a.m. to 10:35 a.m.

Very peaceful influences will prevail on July 4th, and those who wish a quiet and untroubled life should be glad that their birthday is on this ideal anniversary. It would be a good time to solicit personal support for the promotion of some scheme or ambition. Fate will leave you with a free hand for most things, and in most instances will give you a helping one.

The child born on this July 4th will have a strong little character, and will grow much more than the best hours for you on this date, but when obedience has been developed it will merely denote strength and purpose. There is a tendency to become too self-centered or too egotistical.

There is nothing spectacular about your make-up, so born on July 4th, although Nature has not stinted in the number or kind of sterling qualities which she endowed you. You have character, intelligence and ordinary common sense. You are a person of great reliability, and would rather be an economic producer than an economic parasite. Your desire to "get on" in the world is deeper rooted than in egotistical aspiration to "show off." You have clear purposes, and know definitely what you most want to do or be. As you have a direct aim, and a visible target, there is every reason to believe that you will reach your desired goal.

Your life, as is the history of the lives of millions of other men and women, is a history of loss and recovery. In the times of sorrow and disappointment, you will find that the best part of your own experiences are not wholly different, and neither become bitter toward a seemingly unkind Providence, or seek special sympathy for your need. In your relationship to people, you have clear purposes, and through benevolence, unavoidable separations, and disloyalties. Your own afflictions are very deep, and your loyalties very staunch. Most temporary slumps in your life are due to a lack of understanding of a revival—possibly a boom of good fortune. Your optimism is one of your greatest blessings.

### Her Beauty Is At Stake In Operation

Encampments Jump In Number Over Double

Just returned from his holidays, Mr. W. H. Beckman, provincial executive commissioner of the British Columbia Camps, is looking forward to a very busy and interesting summer of camp-going. Registered camps, which numbered only a few last week, have jumped to 30 this week and are expected to reach the half-century mark soon. The British Columbia Camps Association, which is a branch of the Canadian Camps Association, was organized in 1914.

This week-end will see about fifty Wolf Cubs, all of whom, attending their annual camp at the British Columbia Camps Association, are looking forward to a very busy and interesting summer of camp-going. The British Columbia Camps Association, which is a branch of the Canadian Camps Association, was organized in 1914.

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### BOY SCOUTS CAMPING UNDER WAY

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IN OAK, MAPLE AND BIRCH

Service and Reliability. We stock Canadian manufactured flooring only. This is of higher grading than American grades. All stocks are selected and shipped from heated warehouses. Guaranteed dry.

See Our Showroom and Display Panels

Phone 36155

### HAYWARD LUMBER CO. LIMITED

### Have Your House Painted by Experts

It will make such a Wonderful Difference to its Appearance. And, with the Best Paints properly applied, the job will be a lasting one.

### ALBERTA DECORATORS LTD.

Painting, Paper Hanging, Decorative Contractors

10820 97th St.

Phone 22778

### TILE

NOTHING MORE DURABLE  
NOTHING SO SANITARY  
AND IT IS NOT  
EXPENSIVE

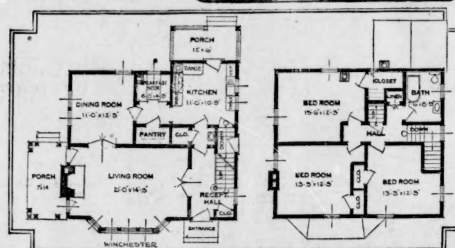
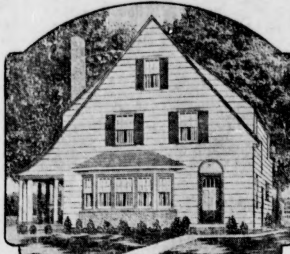
### EMPIRE MARBLE & TILE CO., LTD.

9160 Jasper Ave.

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### Cozy Convenience and Compactness

A very popular model of English design is this house, "The Winchester." A glance at the floor plan is all that is necessary to substantiate the designers' claim that it embodies every desirable and attractive feature possible for a home of only 30 by 36 feet in dimensions. The cost is estimated at \$7,500, although there are instances of "The Winchester" selling as high as \$16,000. Due to standardized construction, it is to be expected that a saving perhaps as high as 10 per cent, can be realized on the estimated building price.



### Flower Boxes Add Charm to Porches and Windows

City residents about this time of year commence to think of flower boxes to set on the front porch or attached to outside windows. These boxes with their brilliant bloomings do more to brighten up a city home than all the artificial decorations thought of.

A good window box should be ample to support growth of five or six plants. An ideal size is about three and a half feet long, eight inches deep and eight inches wide. The box can be built of any type of lumber, but it must be put together solidly to prevent warping under the influence of summer rains and heat. Many are made of metal, but these generally have to be purchased. Painting generally lasts to prevent warping. The standard color for such boxes is green.

#### HOLDS FOR DRAINAGE

Holes should be bored in the bottom of the flower box to provide adequate drainage. Sudden thunder storms bring an excessive fall of rain sometimes, and this rain, if the soil in the flower box is not well drained, will result in the drowning of your plants. Before plants are set in the boxes be sure that you have on hand some good earth. Good rich soil from the woods, if free from weed seed, is satisfactory for boxes. If this is not available, use ordinary garden soil, mix it with leaf mould or sand to add a drainage medium.

and add a little commercial fertilizer. Then you're ready to set the plants.

First cover the holes in the bottom of the box with cinders. Then spread some old leaves over the cinders and on top of these put your soil. Fill in the box to a depth about an inch from the top. This will be ample to provide for any excess of water.

#### HOW TO SET PLANTS

In setting plants, dig a hole large enough to accommodate the roots. Most plants for boxes are bought from greenhouses in pots.

#### SEZ HUGH:



To be a successful vegetable gardener a fellow has to know his onions!

### SKOV THE CEMENT MAN Phone 81553

### LET J. HANCOCK

Clean Your Windows and Polish Your Floors  
Expert Work. Reasonable Rates  
Offices and Halls Catered to. Phone 24559



### Build That Home Now!

We stand ready to render the finest services and materials and to supply them at 1932 low prices, and we will be glad to estimate costs for you without any obligation.

### J. C. Burger Lumber Co., Ltd.

Main Yard, 8604 103rd Street — Phone 32833-32234  
West Yard, 12402 110th Avenue — Phone 81702

Remove these plants from the pots by gently tapping the sides of the container and loosening the earth gathered around the roots. You can then see how large the root system is.

Set the plant in the hole, fill in the earth around it, tamping it down well, and then soak the soil with water to settle the earth well around the roots. Your box is then finished except for watering the plants during a dry spell, ridding them of insects, and keeping the little soil area free of weeds.

Following are a few plants for window-box use:  
Geraniums, marigolds, ageratum, English ivy, sweet alyssum, blue lobelia, white daisies, lantana, blue periwinkle and vinca vines.

#### REDUCING CLAY

To work a clay soil into proper form for gardening mix it with turpentine and sand. Lining the soil also helps break up the clay.

#### CUT DRESSING

Ordinary shears are an excellent preparation for dressing cut surfaces of a bush or tree after the branches have been pruned.

#### BLUE FOR GARDEN

Ordinary blue is an excellent adding a tinge of blue to any garden. They are in flower now and in a few weeks, and do not require any exceptions.

#### KEEP THEM BLOOMING

Annals keep blooming when their needs are allowed to ripen. To eliminate this keep the flowers well pruned to prevent formation of seed pods.

#### THE RENTING CLASS

Sixty-one per cent of the families in the United States live in homes for which they pay \$35 a month or less for rent.

#### ELECTRIC HOT BED

General Electric company, of Schenectady, is experimenting with an electrically-heated hot-bed for use in growing plants.

## BACK TO WORK SUGGESTIONS

Here are a host of suggestions of repairs that can be done around your home — and by using the coupons appearing in today's paper you can save 10 per cent on all the material you buy from the merchants whose ads appear below. Check them over.

#### HARDWARE

Knives and Razor Boxes  
Flare Wax and Polishes

#### HEATING

Chimney Cleaned  
New Radiators  
New Gas Burners  
Oil and Gas Furnaces or Pumps

#### LUMBER YARDS

Cupboards  
Chests and Drawers  
Chests and Drawers  
New Bath Rooms  
New Floors  
New Front Walks  
New Garages  
New Kitchens  
New Windows  
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#### VERANDAH CLEANED

Painted and Stained

#### PAINTING

Interior Painting  
Exterior Painting  
New Wallpaper  
Papering Ceilings  
Papering Walls  
Waterproof Wallpaper for Bathrooms

#### PLUMBING

Check-ups and Repairs to Taps  
Repairs to City Water Pipes  
Repairs to Hot Water Tanks

#### ROOFING

New Roofs  
New Gables  
New Chimneys  
New Kitchens  
New Windows  
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#### SHED METAL WORKS

New Garages  
New Kitchens  
New Windows  
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#### TILE WORK

Tile Bathrooms  
Tile Kitchens  
Tile Windows  
Tile Windows  
Tile Windows

#### WINDOWS

New Windows  
New Windows  
New Windows

#### HARDWARE—Bill Greer.

Hardware—F. Fitzgerald, Barry Sheet Metal, Norwood Sheet Metal, LUMBER YARDS—Armitage-McBain Co., Burger Lumber, W. H. Clark Lumber, W. H. Cushing Ltd., D. R. Fraser & Co., Hayward Lumber, Lumber—Thurber, Inc., F. Fitzgerald, SHEET METAL WORKS—Barry Sheet Metal, Norwood Sheet Metal, ROOFING—North West Roofing, TILE WORK—Empire Marble & Tile.

## If You Have a Job To Be Done You Will Save 10% By Using This BACK TO WORK COUPON

Check over the Suggestions on Page 3 and Put a Man to Work

There must be some work you want done around your home. Check over the list—then sign this coupon giving us a list of the work you want done.

Then Send it to The BULLETIN

You save 10% on all materials you purchase—and if you only want a workman we will have one sent to you by the Unemployment Ex-Servicemen's Association.

I wish to have the following work done at my home:

I wish to purchase the following materials:

From:

Name:

Address:

Phone:

Address:

Phone:

Address:

Phone:

### Do You Want 10% off

ON ALL YOUR

## HARDWARE?

Use the coupon on this page—Save 10% Here.

Everything in Paints — Building Supplies — Garden Tools — Screens — Fly Sprays — Building Hardware and Roofing

### Bill Greer Hardware Ltd.

Phone 32671

Market Square, 101st & 5th Street

### If it's Lumber or Building Supplies—Phone 24366

And give us an idea of what your job will require... Tell us the size of the building or extent of repairs and we will do everything possible to help you, and supply just the materials you require.

### W. H. Clark Lumber Co., Ltd.

Phone 24366

109 Street, Edmonton

Spent Money for the Home in 1932

### New and Used Furnaces

Get Our Prices on a Heating Plant for Your Home. Now is the Time to Check Over Your Heating Plant.

GARBAGE CANS

Built to city regulations at low prices.

SOFT WATER TANKS

and everything in short metal

### LET US REPAIR YOUR EAVESTROUGHING NOW

## BARRY SHEET METAL

COMPANY LIMITED

10171 98th Street

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The very Finest Material Delivered Anywhere—Quickly.

YOU CANNOT EXPECT THE BEST RESULTS WITH ANY BUT THE BEST MATERIALS Full Range of Screen Doors and Combination Doors—in any size

### W. H. Cushing Ltd.

119th Street and 106th Ave.

Phone 81325

### YOUR NEW HOME

It is worth the best material you can put into it. For instance—

DRY LUMBER

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D. R. FRASER

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EDMONTON, ALBERTA— SATURDAY, JULY 2, 1932.

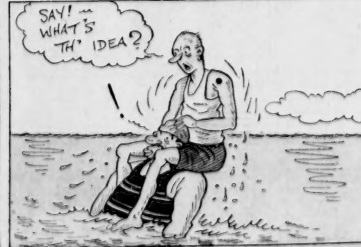
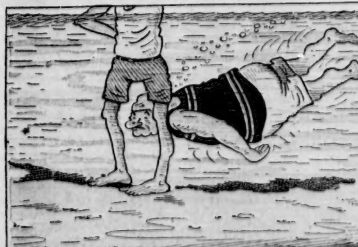
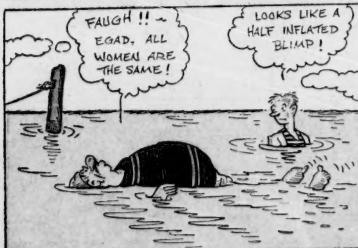
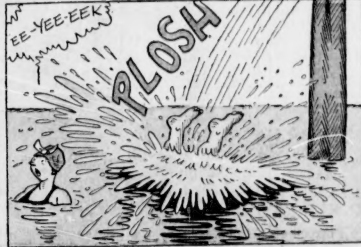
## THE NUT BROS. CHES & WAL

BLEH  
THE SLIPPER CALLED THE SHOE A HEEL AND THE SHOE IS STICKING ITS TONGUE OUT AT THE SLIPPER.

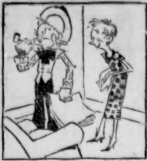


## OUR BOARDING HOUSE

By Ahern



## SMILES



Father: Then you've given up the idea of taking singing lessons?  
Daughter: Yes, I find it would take me three years to learn to sing as well as I thought I sang already.



"Now, take this picture to the exhibition gallery, but be careful, for the paint isn't dry yet."  
"Oh, that's all right; I'll put on my old coat."

## HARDLY

When a woman suggests a short trip to the store,  
Just to shop sixty minutes about it,  
Do you look for her back in an hour or more?  
Well, maybe you do, but we doubt it.



"Don't you think you could learn to love me?"  
"I probably could, but really I much prefer to pick a man for whom I shall need any preliminary training."



Angry Diner: Walter, you are not fit to serve a pig.  
Walter: I'm doing my best, sir.



We understand Mary likes all sports.  
"Yes, sir. That girl likes 'em well enough to pay for her own tickets."



"Rabbit: What's the cause of your grief?"  
Turtle: You'd have a guess too if your wife wanted to use you for a washboard."



"Jack gets a lot of satisfaction out of his garden."  
"I know he does, but the trick is to get either radishes and lettuce and that he can't do."

## A GOOD FIGHTER

Male cavalry may be the rule  
When next in war men meet:  
You are on skunkhorn is the mule,  
He simply won't retreat.

## MOM &amp; POP

BY  
BOB COULMAN  
REB. U. S. PAT. OFF.



"-AND BESIDES ALL THE FIRE-CRACKERS AND TORPEDOS AND SPARKLES, LET ME SHOW YOU WHAT ELSE I BROUGHT .... HERE, SINNED!"

WHAT IS IT?



SEE, IT'S HIS NEW LICENSE TAG, WITH HIS NAME ON IT



"-AND THE NUMBERS-- IS THAT HOW MANY MILES HE'S GONE?"

## FRECKLES AND HIS FRIENDS

By Blosser



WHY DON'T FRECKLES? SURELY, NOT A FIRE-CRACKER!!  
GEE, MY MOM WOULDN'T LET ME BUY ANY--  
SAID IT WAS DANGEROUS!!

SURE--IT'S DANGEROUS, IF YOU DON'T KNOW HOW TO SHOOT 'EM--I PAID FIFTEEN CENTS JUST FOR ONE FIRE-CRACKER!!



BOY! THAT LOOKS BIG ENOUGH TO BLOW UP THE WHOLE TOWN--AREN'T YOU AFRAID TO SHOOT SUCH A BIG ONE?

AFRAID? HAW--IF YOU HAVE A MATCH, I'LL GO DOWN THE STREET AND LIGHT IT--  
WHEN!!



SURE--I GOT A MATCH--BUT I CERTAINLY AM ANXIOUS TO HEAR THAT ONE!

FOURTH OF JULY WOULDN'T WEAN TWO CENTS? I COULDN'T MAKE SOME NOISE!



CAREFUL NOW, FRECKLES!!

DON'T WORRY ABOUT ME--THERE! SHE'S LIT--GET READY TO RUN!!



I DON'T HAVE TO GET READY--I'M ON MY WAY ALREADY!!

GET BEHIND THAT TREE--THIS IS GONNA BE A BIG EXPLOSION!!



SMATTER WITH IT? IT'S GONE OUT--A FIRE-CRACKER THAT COSTS FIFTEEN CENTS SHOULDN'T PEELE!

LET'S WALK OVER AND LIGHT IT AGAIN--C'MON!!



SEE! IT LOOKED TO ME LIKE IT WAS OUT!!

HE TOO! BUT IT ISN'T--RUN, OSCAR!!



IT IS OUT NOW--SHUGGS! AN' I WANTED TO HEAR A BIG EXPLOSION!!

WELL, WELL, WAIT A COUPLE MINUTES--IT MIGHT GO OFF YET--HOPE, IT'S OUT, I GUESS!!



YEAH--IT BURNED RIGHT DOWN TO THE TOP AN' STOPPED--NOW MY MONEY AN' FIRE-CRACKER ARE GONE, AN' NO EXCITEMENT--JUST MY LUCK!!

IT WASN'T EVEN WORTH TWO CENTS--WELL, MESS IT'S GOOD THAT IT DIDN'T GO OFF--WE MIGHTA HURT OURSELVES!!



YEAH--MIGHT AS WELL THROW IT AWAY--IT PROBABLY WOULDN'T MAKE MUCH NOISE IF IT HADDA GONE OFF!!

SURE--THAT'S THE BIGGEST FAKE I EVER SPENT FIFTEEN CENTS FOR!!



WHAM



WHAT WAS THAT, OSSIE?

I DON'T KNOW--UNLESS SOMEBOY THREW A BOMB AT US!!



"Do you believe marriages are made in heaven?"  
"Probably. Heaven only knows why some are made."

"What became of the boy who was kept in at school?"  
"Drew up to be the man who was detained at the office."



Bookkeeper: Your son doesn't work very hard in the office since he left college.  
Boss: No, he doesn't want to jeopardize his amateur standing.



Why are you taking up botany, daughter?  
"Because Tom is interested in a plant of some kind and I want to be able to converse intelligently with him about his business."

"What did your mother say about our engagement?"  
"Oh, Mother says it's all right so long as it's not serious."

"Have you heard of the terrible misfortune that threatens Perry?"  
"No, what's wrong?"  
"Why, the poor chap is thinking of running off with my wife."





# SMILES



"Then the Browns have parted I thought it was a case of two hearts that beat as one."  
"Their hearts may have beat as one, but she couldn't accommodate herself to his dancing step."



Bess: She dropped him instantly, Bart: I see, and that broke their engagement.



"The second generation has had to change its tune."  
"What do you mean?"  
"My daughter tells me that her husband says their cook's broths aren't nearly as good as his mother's cook used to make."

## HIGH NOTIONS

Love in a cottage-hillage!  
"You can't get it!"  
The very first most girls can see is a fine duncageon.



"Where are you thinking of going this summer?"  
"I'm thinking of an around-the-world cruise, but I'm probably going to Punk Beach."



Brother: Is marriage a failure?  
Sister: I expect so. I married Tom to reform him.



"How stupid!"  
"It's the last I'll get out of you unless from whom you can borrow money!"

HER HUSBAND'S SUGGESTION  
Three bathing suits he bought her, And she thought he was a duncer. When he blundered as he suggested how To wear them all at once.



Shir: Wasn't it a beautiful sunset last night?  
Her: I don't know, I was gazing at an heiress about that time.

# Wash Tubbs



WOTTA BREAM! A BARREL OF GUN POWDER.

NO PEE WEE FIRECRACKERS FOR ME. I'M GUNNA WAKE UP TH' WHOLE STATE.

YESSIR! JUST WAIT! IT THIS GOES OFF. BOY, BOY! I BET NOBODY EVER HAD A FIRECRACKER THIS BIG.



WHEE! RUN FOR YA LIVES. HELP! PFFT!



SURE FUNNY, JAKE. I FOUND A BARREL OF GUN POWDER IN TH' BASEMENT AN'—  
GUN POWDA? WHY, THAT AIN' GUN POWDA. THEM'S CINDAS.

# COMIC SCRAP BOOK

THE two youngest members of the Willets family are in again. This time they're doing a song and dance for you—and your Comic Scrapbook. Of course you'll have to imagine the song part of it. But anyway, paste them in your Comic Scrapbook while we have them in a cheerful mood.

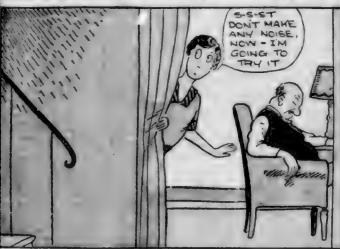
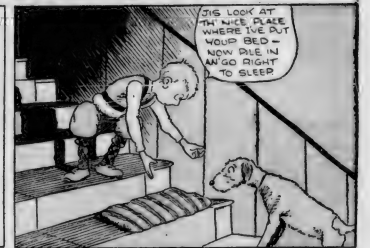
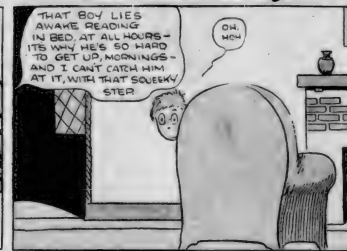


JOHN in this dance and have their fun. The Willets show you how it's done. You'll like and love! You'll remember. That it is a wonderful evening.

# THE WILLETS

# Out Our-Way

# By Williams



"So you think every wife should have an allowance?"  
"Certainly; after all, there isn't anything to borrow."

"What are you going to do with your daughter after she graduates?"  
"I'll see how much I'll keep her home. If she can't I'll keep her a job."

Hotel Proprietor: It's alarming, sir; don't you think you had better stay another night.  
Departing Guest: Thank you, I'd rather get out going home than stay here and get nooked.

Willey: Don't you think marriage is the chief end of man?  
Hubby: It surely is the end of most men.

Dinner: That was the dearest, dearest sandwich I ever tried to chew into!  
Waitress: Why, there's your sandwich! You ate your chook.

"Don't you think there are just as good fish in the sea as ever were caught?"  
"I don't know, but they are smarter anyway."



**LTD.**











Add Dollars To Your Bank Account—Rent Spare Rooms—3 Lines For 6 Days, 10c

**GARDENING & SUPPLIES 38B**  
BLACKBERRY, raspberry, currant, gooseberry, and other fruit trees, shrubs, and plants, all kinds of flowers, seeds, and supplies. Phone 2414. 1001 10th St. N.W.

**HOUSEHOLD GOODS 38**  
Ovens, refrigerators, washers, and other household appliances. Phone 2414. 1001 10th St. N.W.

**FURNITURE WANTED 38**  
Any quantity of used furniture, including beds, sofas, chairs, and tables. Phone 2414. 1001 10th St. N.W.

**REAL BARGAINS IN USED FURNITURE**  
Oils, Extension Dining Table, \$7.50. Sofa, Washroom, Bedroom, \$10.00. Bed, \$10.00. Phone 2414. 1001 10th St. N.W.

**DAVIES' FURNITURE EXCHANGE**  
1001 10th St. N.W. Phone 2414. 1001 10th St. N.W.

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Radio Sales, Ltd., 1001 10th St. N.W. Phone 2414. 1001 10th St. N.W.

**MACHINERY FOR SALE 45**  
1. McCormick Mower. 2. John Deere Mower. 3. John Deere Mower. Phone 2414. 1001 10th St. N.W.

**Thrifty Buyers**  
Anticipate your requirements by saving of our bargain. Phone 2414. 1001 10th St. N.W.

**HOPE-HANLEY L.P. CO., LTD.**  
Phone 2414. 1001 10th St. N.W.

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Wanted: Trenches, Trenches, Trenches. Phone 2414. 1001 10th St. N.W.

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Horizontal. Answer to Previous Puzzle. Phone 2414. 1001 10th St. N.W.

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**Plans Complete For Empire Meeting Of Shooters At Bisley**

**Long Competitions in Rifle Accuracy Gets Away Monday**

**EDMONTON IN HOLIDAY MOOD ON JULY FIRST**

**Gala Sports Programs and Exodus to Lake Resorts**

**Guaranteed**

**Safe, Low-Cost Transportation**

**1929 Essex Sedan \$195**

**1928 Essex Sedan \$275**

**1927 Essex Sedan \$175**

**1926 Essex Sedan \$175**

**1925 Essex Sedan \$175**

**1924 Essex Sedan \$175**

**1923 Essex Sedan \$175**

**1922 Essex Sedan \$175**

**1921 Essex Sedan \$175**

**1920 Essex Sedan \$175**

**1919 Essex Sedan \$175**

**Automobiles for Sale 63**

**Here's Your Opportunity To Get a New Car at a Very Low Figure!**

**1928 CHEVROLET SEDAN**

**1927 CHEVROLET SEDAN**

**1926 CHEVROLET SEDAN**

**1925 CHEVROLET SEDAN**

**1924 CHEVROLET SEDAN**

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**1922 CHEVROLET SEDAN**

**1921 CHEVROLET SEDAN**

**1920 CHEVROLET SEDAN**

**1919 CHEVROLET SEDAN**

**1918 CHEVROLET SEDAN**

**1917 CHEVROLET SEDAN**

**1916 CHEVROLET SEDAN**

**1915 CHEVROLET SEDAN**

**1914 CHEVROLET SEDAN**

**Money to Loan 60**

**When we offer reconditioned cars for sale, we are offering you**

**Safe, Low-Cost Transportation**

**1929 Essex Sedan \$195**

**1928 Essex Sedan \$275**

**1927 Essex Sedan \$175**







# ADVENTISTS' NEW LEADER STARTS WORK

Leaves for Winnipeg to Take Over Additional Responsibilities

WASHINGTON, D.C., July 2.—Rev. M. N. Campbell, who elected president of the twenty-eighth annual conference of the Seventh-day Adventists at a ten-day convention held in Winnipeg, has started his new work where he will assume his new responsibilities, which include supervision of all denominational activities throughout the Canadian continent and Newfoundland.

Mr. Campbell, until elected to his new office was director of Adventist activities among the foreign-speaking nationalities in the United States and Canada for nine years, with headquarters in the administrative building of the world's General Conference, located here. Previous to that, he spent years as the president of the British Union Conference, with headquarters in London, which included the mission stations along the northern and west coast of Africa. Mr. Campbell went to Europe from Iowa, where he had been president of the conference in that state for five years.

Mr. Campbell has been pastor of the denominational church in Battle Creek, Michigan, for two years previous to his entering administrative work in Iowa.

**IS CANADIAN.**  
Born in Prince Edward Island, Canada, 17 years ago, Mr. Campbell has always retained his Canadian citizenship. Although he was born a Seventh-day Adventist when he was 15 years old, while living in Prince Edward Island, Mr. Campbell went to Battle Creek and entered the denominational college in 1897, where he was prepared for ministerial activities. He began preaching to a small group of students, holding services in red and black houses in different parts of Michigan, and Wisconsin and training converts in practical every place. He was called to the ministry in 1901 when he was 20 years old, and 4 years later was called to the pastorate of the Battle Creek church, which is still recognized as the largest congregation within the ranks of the denomination. It was at the time that the Adventists had their world headquarters in that city where they remained for five years before coming to Takoma Park, a suburb of Washington, D.C. There are 7,000 adherents of the faith scattered over the world, with 149 churches organized. Conferences are operated in every province, which have their own personal officers, yet Mr. Campbell is the supervisory hand in all of them. He will also be the president of the board of managers of the publishing house which the denomination operates at Colaba, Ontario, and the Sanitation operation at Riverview, British Columbia.

**HOW IT WORKS.**  
Previous to the organization of the Canadian Union Conference, the denomination operated through two national conferences, one for the western section and the other for the eastern section of the continent.

## Christian Science

First Church of Christ Scientist

Church Office  
130 Street and 130 Avenue  
Sunday Services 11 a.m.  
Sunday School—12:15 p.m.  
Subject: "GOD"

Wednesday: Testimonial Meeting, 8 p.m.  
Free Reading Room and Lending Library, 614 The Canadian Bank of Commerce Building  
Hours: Week Days, 10:00 a.m. to 8:30 p.m., except public holidays.

## First Presbyterian Church

Sunday, 2nd July, 1932  
REV. G. M. DICK, M.A., D.D.,  
Canada Both Services  
MORNING SERVICE—11 A.M.  
SERMON

"Lifting Our Eyes to the Hills"  
(Dominion Day Message)

Arthen—"Be as the Eagle"  
Arthen—SERVICES—12:30 P.M.  
SERMON

"Crossing the Boundary Line"  
Arthen—"Turn Thy Face"

Arthen—"The Holy Spirit"

Arthen—"The Holy Spirit"

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Arthen—"The Holy Spirit"

## Great Bear Lake Attack Refuted in Woman's Article

Northerners and others connected with northern mining developments connected with the article in the current issue of Maclean's magazine, in which Margaret Hastings, wife of Captain R. Stuart Hastings, was quoted as making a sensational statement of a recent attack on Great Bear Lake mining developments.

The article by Mrs. Hastings is titled "The North Won't Wait" and the headline her subject well. She was for many years a resident of the Mackenzie Valley, known as the "Northwest Territories," and has proven with actual conclusive data that mining developments at Great Bear are a strictly commercial proposition and not wild promises of a gold promoter.

It was on the vote of the delegates from these two union conferences that Mr. Campbell was unanimously chosen the leader for the entire continent. Mr. Campbell was elected for four years, and it is his conviction that the annual general conference meetings that are planned for the summer of 1933, at the home of the local church pastors and district leaders, and between the annual conferences, may be planned, he will visit as many of the churches as possible.

Mr. Campbell will make his first trip to Ontario, Ontario where the annual conference of the Ontario Conference is being held from June 12 to July 2. He is being accompanied by Miss Laura Campbell, his son, and his daughter, Mrs. E. A. Beeson, whose husband is an evangelist in Bradford, Ontario.

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## Tiny St. Augustine Chapel Oldest Church in U.S.

It holds but 20 persons.

This tiny chapel at St. Augustine, Fla., is the oldest church in the United States. It has been pillaged many times, but has always been restored. It holds but 20 persons.

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## MAY PEOPLE ARE CONTENTED IN SERENITY

Problems of Life Are Met With Tranquility and Fortitude

Most persons, could they order their lives according to their preferences, would choose to dwell in a state of serenity, untroubled by the frictions of the daily round or by the greater disturbances resulting from the vicissitudes of life. However, the attainment of permanent tranquility has been found universally to be impossible. And yet there is the certainty that it is within our grasp.

Christian science is showing all who humble its teachings how to gain spiritual equanimity in the midst of the daily routine or in the stress or crisis of emergency. It shows how to abide in the truth and how to require. It does this by revealing the perfection of God and His creation, and by insisting that it is only the divine Mind is untroubled. Here, then, in understanding and applying these principles, lies the best method of escape from the materiality in which humans are so often entangled.

It is the purpose of this series of articles to show how to attain the perfection of God and His creation, and by insisting that it is only the divine Mind is untroubled. Here, then, in understanding and applying these principles, lies the best method of escape from the materiality in which humans are so often entangled.

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## IT PAYS TO SHOP AT EATON'S

Store Opens at 8:30 a.m.—Closes at 5:30 p.m. Daily—Except Wednesday, 8:30 a.m. to 1:00 p.m. To Call EATON'S, Dial 9-1-2-0

## Girls' "PRESTO" Pyjamas Foundations Change

Special purchased to sell at this price—well worth a dollar more! One piece styles in bright stripes, pretty all over prints or gay polka dots. One style has a matching hat. Sizes 8 to 14 years.

MONDAY, each, \$1.59

Beach Pyjamas

Gay, gaudy, salubrious pyjamas for women! Styles you'll see at all the lakes and beaches—and so coolly comfortable you'll want to wear them in town! An extraordinarily good value.

MONDAY, each, \$1.95

Wear "Wabasso" Wascosie

And you are in a big way! A special value! And there's no cooler, smarter fabric for calling into sports frocks, suits and skirts! 38 inches wide and tubular.

MONDAY, yard, 25c

39c Bleached Sheet

Printed Voiles

Slit Gully Drops Its Pricing

Japanese heavy thread pure silk, specially fine lustrous quality that will make up smartly into sport frocks, 36 inches wide in sports frocks, suits and skirts.

MONDAY, yard, 25c

5-Piece Sunroom Suite

A suite distinctive in styling, outstanding for its formal workmanship and beautiful finish. Monday's low pricing affords an extraordinary opportunity to save in furnishing the sunroom smartly and comfortably. Settee, two chairs, table and fernery—constructed of strongly interwoven fibre on hardwood frames. The spring filled cushions are upholstered in bright colors—no sag seats. Annuity buff in finish.

MONDAY, FIVE PIECES, \$49.50

BASEMENT BARGAIN SECTION

Drug Sundries at One Low Price

Men's Khaki Pants

Just the thing for wearing in the garden or on that motor trip when something goes wrong. Of sturdy quality khaki and finished with pockets and cuffs. All sizes in the lot. Low priced for Monday's selling.

BASEMENT BARGAIN SECTION, pair 98c

Eaton's Eroceretia

PRICES UNIFORMLY LOW—PAY LESS—LIVE BETTER

Jam Peaches

Washing Powder

Peanut Butter

MONDAY, each, \$1.59

Beach Pyjamas

Gay, gaudy, salubrious pyjamas for women! Styles you'll see at all the lakes and beaches—and so coolly comfortable you'll want to wear them in town! An extraordinarily good value.

MONDAY, each, \$1.95

Wear "Wabasso" Wascosie

And you are in a big way! A special value! And there's no cooler, smarter fabric for calling into sports frocks, suits and skirts! 38 inches wide and tubular.

MONDAY, yard, 25c

39c Bleached Sheet

Printed Voiles

Slit Gully Drops Its Pricing

Japanese heavy thread pure silk, specially fine lustrous quality that will make up smartly into sport frocks, 36 inches wide in sports frocks, suits and skirts.

MONDAY, yard, 25c

5-Piece Sunroom Suite

A suite distinctive in styling, outstanding for its formal workmanship and beautiful finish. Monday's low pricing affords an extraordinary opportunity to save in furnishing the sunroom smartly and comfortably. Settee, two chairs, table and fernery—constructed of strongly interwoven fibre on hardwood frames. The spring filled cushions are upholstered in bright colors—no sag seats. Annuity buff in finish.

MONDAY, FIVE PIECES, \$49.50

BASEMENT BARGAIN SECTION

Drug Sundries at One Low Price

Men's Khaki Pants

Just the thing for wearing in the garden or on that motor trip when something goes wrong. Of sturdy quality khaki and finished with pockets and cuffs. All sizes in the lot. Low priced for Monday's selling.

BASEMENT BARGAIN SECTION, pair 98c

Eaton's Eroceretia

PRICES UNIFORMLY LOW—PAY LESS—LIVE BETTER

Jam Peaches

Washing Powder

Peanut Butter

MONDAY, each, \$1.59

Beach Pyjamas

Gay, gaudy, salubrious pyjamas for women! Styles you'll see at all the lakes and beaches—and so coolly comfortable you'll want to wear them in town! An extraordinarily good value.

MONDAY, each, \$1.95